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## Pre-Operative Fasting Guidelines, 30.50.63

**Document Type:** Guideline

**SUPERSEDES:** 5/13, 10/11, 2/09, 07/03/07, 01/07, 9/06, 1/05, 8/00, 2/97, 1/98

**ELECTIVE SURGICAL PROCEDURES-** The current Kadlec Regional Medical Center. practice guidelines for Pre-operative fasting is as follows:

<b>2 Hours</b>	Clear Liquids - water, and apple juice.
	<b>NOT:</b> Milk, orange juice, or soup <b>NO:</b> Gum, candy, chewing tobacco prior to surgery
<b>4 Hours</b>	Breast milk
<b>6 Hours</b>	Formula or Non human milk
<b>8 Hours</b>	8 hours or more for a meal that includes fried or fatty foods or meat.

The task force does NOT SUPPORT the routine use of gastrointestinal stimulants to decrease the risks of pulmonary aspiration in patients.

Amount and type of food ingested and physician's clinical judgment must be considered when determining appropriate fasting period.

**EMERGENCY SURGICAL PROCEDURES-** NO FASTING GUIDELINES.

### REFERENCE:

"Practice Guidelines for Preoperative Fasting"

A report by the American Society of Anesthesiologists; developed by the Task Force on Preoperative Fasting American Society of Anesthesiologists, 520 North Northwest Highway, Park Ridge, Illinois 60068-2573

### Attachments:

No Attachments