

Leaving a lasting legacy.
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Leaving a lasting legacy



Rand Wortman and Bill Moffitt

RAND WORTMAN ARRIVED at Kadlec as its interim CEO in 2000, but within 48 hours he had called his wife Gaynell in Florida to tell her he wanted to pursue the job on a permanent basis.

"I could immediately see the incredible potential," he said. "There were physicians who wanted to be here, patients who wanted to get care here, and a professional and technical staff who wanted to work here. There was a board of directors ready to meet the growing needs of the region, not just the community."

Wortman applied for the job and, now 15 years later, he is set to retire in May. It is clear that the early vision he had for Kadlec and the health care for the region has been in good hands. Under his leadership, Kadlec's workforce has jumped from 700 to more than 3,200, emergency room visits have more than tripled, and licensed beds at the hospital have expanded from 153 to 270. In 2014, there were over 2,000 heart procedures, including nearly 350 open-heart surgeries. New facilities have been built and expanded

including the completion of the final four floors of the River Pavilion, and a parking garage now underway.

"I consider myself a business economist first and an administrator second," he said. "Most models of health care at the time focused on reducing costs to meet budgets. Instead, I believe you need to grow to meet expenses, and that's what we have done."

Strategies for growth

The first step, according to Wortman's vision, was to become a tertiary, regional medical center.

"In 2001, we created a strategic plan," he said. "If you look at our newest strategic plan, you will see very little change. Those strategies we put together then continue to be critical for us today."

Wortman is quick to credit Kadlec's Board of Directors and the Kadlec executive team for Kadlec's growth during his tenure.

"The board has been willing to be bold, and the executive team has excelled in executing our strategies," he said. "Building the Outpatient

Imaging Center in the 945 Building was a big step at the time, but it has been greatly successful. Launching the River Pavilion was a bold move, but it was immediately full. Adding Kadlec Clinic was a bold move, but it now has over 160 providers. We gave Columbia Basin College \$2 million as seed money to build the CBC Health Science Center; that was a whole lot of money for us back then, but the health care in the region is so much better because of the expanded number of health care professionals educated here and staying here. Another gift to CBC in 2015 for a second Health Science Center and the establishment of the new WSU Doctors of Nurse Practice Endowment as a part of the Kadlec Foundation are more bold moves.

"Without the support of the board, it would have only been a vision. By making those moves, the board allowed and encouraged the growth we've experienced," he said. "That's remarkable."

Wortman also credits the leadership team at Kadlec for its part

in the success of the last 15 years.

“They have allowed me the luxury of having the vision. I’ve been able to be the conductor while they did the work to make the music,” he said.

A model of leadership

Bill Moffitt, who served as a board member during Wortman’s time at Kadlec, said following his vision was easy.

“Rand says that he almost immediately knew he wanted to apply for the permanent position,” said Moffitt. “It worked both ways. We immediately knew he was the guy we needed to lead Kadlec into the future. He came to us with a world of experience in every sense of the word. He is a visionary. He sees the bigger picture.

“He had a vision to improve the care patients could receive right here, and that has come to fruition. We now have 24/7 neurological care and are a Joint Commission Primary Stroke Center. We have nationally recognized critical care. We have more providers available locally, in many new specialties, and there is so much more. It is not overstating it to say his impact on the quality of life in our region has been amazing. Frankly, he has been a game-changer in the area of health care in our region. He made a difference in 15 years that others may take a lifetime to do.”

A community leader

Rich Cummins, president of Columbia Basin College, echoes praise for Wortman’s leadership as a community partner.

“He is a straight shooter. He does what he says and says what he does. He sees the big vision yet understands the steps to get there. He is a joy to work with,” said Cummins.

An example he cites is the ongoing partnership with CBC.

“Rand is the consummate businessman. He saw that the Tri-Cities had a nursing shortage, which necessitated the hiring of traveling nurses — an expensive and unstable workforce. He wanted to solve this

“I know that hundreds of Tri-Cities area residents are alive today because they got care here, that 15 years ago they would not have been able to receive. That’s what drives me. I know we make a difference.”
—Rand Wortman

problem,” said Cummins. “The Health Sciences building turned out to be a win-win-win. We were able to expand our programs, Kadlec was able to have a more stable supply of nurses and the city of Richland had the development of a key facility. Kadlec is now supporting our efforts to build the next leg of the project — Health Sciences II.

“That’s the story of Rand. The guy is brilliant. He has the ability to make big ideas happen. While at Kadlec, he made the region healthier and wealthier, and moved the development of this community up a notch. To Rand

I say mission accomplished. Well done,” said Cummins.

Moving forward

Wortman recently handed over the reins of Kadlec to Lane Savitch and moved to a role as regional chief executive with Providence Health & Services.

“Lane has been a key part of our success during his more than nine years at Kadlec,” said Wortman. “He fully understands the Kadlec vision and mission for the future, and he has an excellent executive team to keep things moving forward. Kadlec is in great hands.”

Combining outstanding leadership with expert medical staff and caregivers has Kadlec well-positioned to meet the region’s health needs, according to Wortman.

Making a difference

What are highlights of Wortman’s career at Kadlec?

“You might see that huge crane or any of the other facilities we have built and consider those my major highlights. But they are not,” he said. “For me, success is about helping create a healthier region, helping cure people. When I go to the store and

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One of Rand Wortman’s legacies is his work on the Kadlec Distinguished Chairs endowment, designed to create and fund five faculty positions at Washington State University Tri-Cities. The endowment allows WSU Tri-Cities to recruit doctoral-prepared faculty to meet the region’s need for nurse practitioners. With Wortman at the endowment announcement were Kadlec Community Board member Wayne Martin, WSU Tri-Cities Chancellor H. Keith Moo-Young and WSU Regent Lura Powell.

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someone stops me and says their brother is alive today because of the care that he got at Kadlec, that's my highlight. When I know that someone doesn't have to go out of town to get treated for a heart attack or stroke, and I know it improved their quality of life, that's my highlight. I know that hundreds of Tri-Cities area residents are alive today because they got care here, that 15 years ago they would not have been able to receive. That's what drives me. I know we make a difference."

Another highlight for Wortman is the quality of the medical staff and the employees at Kadlec. They are extremely well-trained and committed individuals who have done the work of developing Kadlec into a leading health care organization, he said.

"Ultimately it's about the people of Kadlec, and I couldn't be more proud to have led them these past 15 years," he said.

Wortman's tenure at the helm of Kadlec is leaving a lasting legacy, which continues to benefit not just the health care of the region but also its quality of life and economic development.

"Kadlec has exceeded my expectations. There was even more potential here than I realized back then," he said.

He now has a new vision — he and Gaynell spending more time with their three children and five grandchildren by moving back to Florida.

We wish you well, Rand, and thank you for your leadership.



A partnership for success

EVERY WEEK, Alexandria Salazar works hard at her job in the Pediatric Department at Kadlec Regional Medical Center. Alexandria, a senior at Hanford High School who has volunteered at Kadlec for two years, is not just getting important work experience; she is also getting credits that will help her graduate from high school.

Alexandria is a part of the Work-Based Learning Transition Program for juniors and seniors from Hanford and Richland High Schools. The program has been at Kadlec since 2009, and up to 12 students a year participate at Kadlec. Currently the students, ages 18 to 21, are in departments throughout the hospital ranging from Materials Management and Nutrition Services to Physician Recruitment and the Intensive Care Unit.

"Kadlec has high expectations, and the students live up to those expectations," said Hanford High School teacher Laurie Price, who, with Dusty Wirtzberger from Richland High, coordinates the program. "The students know this is an authentic work environment. The work they do is important. They are recognized members of the staff, they contribute and are valued. It changes the lives of these students."

Suiting the job to the student

Meg Fallows, Kadlec's volunteer coordinator, helped implement the program at Kadlec. She works with Laurie and Dusty to make certain each student is well suited for the job to which he or she is assigned.

"We treat all our volunteers as valuable partners in the success of Kadlec," Fallows said. "Many of these

We're here after hours

The need for medical care or examinations does not always happen from 8 to 5, or fit easily into the work schedule.

Kadlec offers a number of services with extended hours, when you may need it, or when it is more convenient.

OUTPATIENT IMAGING

945 Goethals Drive, Richland
(509) 942-2655

X-ray hours:

Walk-ins welcome
Monday through Friday
7 a.m. – 7:30 p.m.
Saturday
8 a.m. – 2 p.m.

Ultrasound hours:

By appointment
Monday through Saturday
7 a.m. – 5:30 p.m.

Mammography hours:

By appointment
Monday through Friday
7 a.m. – 7:30 p.m.
Saturday
7:30 a.m. – 4 p.m.

URGENT CARE

(509) 942-2355
(both locations)
Walk-ins welcome

4804 W. Clearwater Ave., Kennewick
Daily
8 a.m. to 9 p.m.

9605 Sandifur Parkway, Pasco
Monday through Friday
5 p.m. to 9 p.m.

In addition, a number of our clinics open as early as 7 a.m. For more information, visit kadlec.org.



Alexandria Salazar

students could fall through the cracks, but once they graduate from high school and have been a part of this program, they have learned how to be a good employee and have confidence. Meanwhile, Kadlec also benefits from these outstanding volunteers.”

The students are so committed that, said Laurie, some have even come in on holidays when they don’t get credit, just to make certain their jobs get done.

Prepared to contribute

“At Kadlec, the program has the students’ success in mind. The staff goes the extra mile and applauds the success of the students,” said Laurie. “The students feel prepared for lots of jobs when they graduate because of their experience.”

That’s the case for Alexandria, who

wants to be a preschool teacher.

“I absolutely love what I do at Kadlec,” she said. “I have learned how to work in the working world. I’ve learned I’m pretty good with kids, too.”

Benefits all around

Students are also in other businesses throughout the community.

“It is a powerful program,” said Laurie. “These students need somewhere to start and to show mastery of skills so they can have strong resumes when they get out of high school. We are so grateful for Kadlec and our other community partners. It’s a program that creates success for everyone. Through the years, Kadlec has had over 40 students. That’s 40 lives touched.

“We couldn’t do this program without Meg and the support of the department managers,” said Laurie.



Naveen Rawat, MD; Katherine Cayetano, MD; Vincent Cunanan, MD

EBUS — a less invasive biopsy procedure


Endobronchial ultrasound (EBUS) is a minimally invasive, highly effective outpatient procedure used to diagnose and stage lung cancer, detect infections and identify other diseases causing enlarged lymph nodes in the chest. The procedure allows pulmonologists to obtain tissue or fluid samples from the lungs and surrounding lymph nodes without conventional surgery. The procedure has been available at Kadlec since mid-2015.

With EBUS, a thin, flexible instrument is fitted with an ultrasound device and a fine-gauge needle. The instrument is guided through the patient's mouth into the trachea. The scope can be pointed in different directions to produce images of lymph nodes and other structures in the area. It provides improved images, which allow the pulmonologist to view difficult-to-reach areas.

During the procedure a pathologist is also present to examine biopsy samples as they are obtained and can request additional samples to be taken immediately if needed.

"With EBUS, we are able to sample the lymph nodes in the chest without surgery or incisions," said Kadlec Clinic pulmonologist Naveen Rawat, MD. "There is no scarring from incisions, and it is a very safe procedure. We diagnose and determine the extent of the cancer at the same time. Patients go home the same day knowing that a successful sample was obtained. In this way, if an alternative procedure needs to be planned, or a treatment plan needs to be implemented, it can be done sooner."

In addition to Dr. Rawat, other Kadlec Clinic Pulmonology physicians performing the procedure are Katherine Cayetano, MD, and Vincent Cunanan, MD.

 For more information, call Kadlec Clinic Pulmonology at (509) 942-3095.

Welcome new providers

KADLEC REGIONAL MEDICAL CENTER

888 Swift Blvd., Richland
(509) 946-4611

- Michael Austin, MD, *Anesthesiology*
- Tuhin Banerjee, MD, *Adult Hospitalist*
- Soma Ghosh, MD, *Pediatric Hospitalist*
- Pushpender Gupta, MD, *Radiology*
- Robert Kellogg, MD, *Anesthesiology*
- John Pham, DO, *Adult Hospitalist*
- Florette Sime, MD, *Emergency Medicine*
- Shawna Byrnes, ARNP, *Pediatric Hospitalist*
- Sonya Lovingood, ARNP, *Emergency Medicine*
- Jacob Royal, ARNP, *Radiology*
- Gabriel Sims, ARNP, *Emergency Medicine*
- Shawn Bowdow, CRNA, *Anesthesiology*
- Dalila Fairchild, CRNA, *Anesthesiology*
- Darcy Hill, CRNA, *Anesthesiology*
- Melissa Hudson, CRNA, *Anesthesiology*
- Charles Joshlin, CRNA, *Anesthesiology*
- Jeremy Perry, CRNA, *Anesthesiology*

KADLEC CLINIC

Associated Physicians for Women
945 Goethals Drive, Suite 200, Richland
(509) 942-3627

- Heather Johnson, CNM, *Obstetrics and Gynecology*
- Cady Schwallier, WHNP, *Obstetrics and Gynecology*

Behavioral Health
Steven Hull, FPMHNP, *Behavioral Health*

Cardiothoracic
1100 Goethals Drive, Suite 3, Richland
(509) 942-3095

Elizabeth Portelance, AG-ACNP-BC, *Cardiothoracic Surgery*

General and Colorectal Surgery
1100 Goethals Drive, Suite D, 2nd Floor, Richland
(509) 942-3288

Timothy Blanscett, ARNP, *Colorectal Surgery*

Neuroscience Center
1100 Goethals Drive, Suite B, Richland
(509) 942-3080

Aron Steward, ARNP, *Neurosurgery*

Senior Health
560 Gage Blvd., Suite 102, Richland
(509) 942-3135

Timothy Lord, ARNP, *Geriatrics*

Obstetrics and Gynecology—Prosser
336 Chardonay Ave., Suite B, Prosser
(509) 786-0031

Teresa Charvet, PA-C, *Obstetrics and Gynecology*

COMMUNITY-BASED PROVIDERS

Northwest Orthopaedic and Sports Medicine A division of Proliance Surgeons
875 Swift Blvd., Richland
(509) 946-1654

Arash Motaghi, DO, *Pain Management*

Tri-Cities Cancer Center
7350 W. Deschutes Ave., Building A, Kennewick
(509) 783-9894

Guy Jones, MD, *Therapeutic Radiology*

Trios Care Center at Southridge
3730 Plaza Way, FL 4, Kennewick
(509) 221-6450

Fadi Alattar, MD, *Interventional Cardiology*



Find a specialist or family health care provider at kadlec.org/clinic.

Creating a place of respite

Patients, families and staff often need a counterbalance to hospital life. A place to clear minds, to reflect and renew, or simply just to step outside to get fresh air and sunshine.

With the construction of the final four floors of the River Pavilion patient care tower, there is an opportunity to create such a place — The Terrace on the 7th Floor.

The Terrace will be an outdoor space, easily accessible and have space available for those who need to spend time alone or gather with family and friends. It will be a place to grab a cup of coffee and enjoy the sights from one of the highest locations in the Tri-Cities with a view of the Columbia River and Rattlesnake Mountain.

The project is not currently included in the tower construction budget. Kadlec Foundation is leading an effort to make



The Terrace on the 7th Floor a reality.

“The Terrace is one more way we can help our patients, families and staff feel calmer, find an oasis, and have energy restored. The importance of spaces like this should not be underestimated,” said Nancy Dahlberg, RN, Intensive Care Unit manager.

For more information about how you can help support The Terrace on the 7th Floor, please contact



Kadlec Foundation
at (509) 942-2661.

When it's tough to swallow

There is an old expression about something being “too tough to swallow.” For some people, this is more than just an expression. They have serious difficulty or pain with swallowing.

A test available at Kadlec, called esophageal manometry, is used to help determine how well the esophagus is able to move food and how well the esophageal sphincter (the muscular valve connecting the esophagus with the stomach) is working to prevent reflux. It measures the strength and muscle coordination of the esophagus during swallowing.

When one swallows, food moves down the esophagus and into the stomach with the assistance of a wave-like motion. Disruptions in this motion



may cause chest pain or problems swallowing.

During the 30-minute, outpatient test, a thin, pressure-sensitive tube is passed through the nose, along the back of the throat, down the esophagus and into the stomach. The small sensor

records each time the patient swallows.

“It is one of the simplest tests to diagnose these conditions and most patients tolerate it very well,” said Renee Sams, RN, BSN, Outpatient Procedures and Clinical Decision Unit manager. “It is nice that it is available locally, too.”

In addition to difficulty swallowing and heartburn, esophageal manometry may be given to people who have non-cardiac chest pain.

The procedure is available through Kadlec Clinic Gastroenterology.



For information, call
(509) 942-3180.



Meg Fallows, in black top, is surrounded by volunteers Autumn Bittner, Maria Blair and Denise Lazarz.

Volunteer coordinator joins national committee

Meg Fallows, MBA, Kadlec's volunteer coordinator, has been appointed to the American Hospital Association's Committee on Volunteers.

She is the only representative from the Northwest on the national committee, which has 15 members from across the country.

The committee focuses on the roles, responsibilities and services of organized volunteers and Auxilians, as well as providing community perspective on issues related to the health care field including health care quality, hospital price transparency, behavioral health, regulatory topics and the strategic plan for the American Hospital Association.

Fallows will serve a three-year term.

“I am not surprised to hear she was nominated for a position on this committee,” said Chase Walters, Kadlec Education director. “Meg is very dedicated to what she does. She puts her heart into the volunteers and the programs. She will not only represent and advocate for all volunteers at the highest level as she serves, she will also be an outstanding representative of Kadlec.”

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(509) 946-4611

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Mary Lynn Merriman, MLM Communications, editor
Kim Fetrow, photography

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Heart Wellness Scan now available

Question: What can a CT scan of the arteries in your heart tell you?

Answer: That you may have a higher risk of having a heart attack or other problems before you have any obvious symptoms of heart disease.

Kadlec's new Heart Wellness Scan is a non-invasive way of obtaining information about the presence, location and extent of calcified plaque in the coronary arteries, an early indicator of coronary artery disease.

Calcified plaque results when there is a build-up of fat and other substances under the inner layer of the artery. This plaque signals the presence of coronary artery disease, a disease of the vessel wall (also called atherosclerosis). People with this disease have an increased risk for heart attacks.

Under the leadership of Kadlec radiologist Timothy Gormley, MD, Kadlec is now using high-speed CT scans to



A heart image during a CT scan.

obtain quick and painless 3-D images of the arteries of the heart and measure the amount of plaque in the arteries. Following the scan, and after taking into account a person's age, gender and cardiac risk factors, a calcium score is determined; this score is a strong measure of the risk for coronary artery disease and a future cardiac event.

"The exam takes little time, causes no pain, and does not require injection of contrast material," said Dr. Gormley.

"The purpose of the scan is to help you and your doctor make decisions about how to lower risk for heart disease, heart attack and stroke."

The scan requires no special preparation and same-day results are provided.

"This test is most helpful for people who do not have documented heart disease, but who are at medium risk," he said. "Those who may benefit most from the scan are men older than 40 and women older than 50, particularly with other risk factors such as hypertension, diabetes, smoking and obesity."

Heart disease is a leading cause of death for both men and women, accounting for one in four deaths. More than half of the people who die suddenly from a heart attack have no previous symptoms.

Patients are seen by both physician- and self-referral.

For more information, or to schedule a Heart Wellness Scan, call **(509) 942-2908**.



New clinic under construction

Construction is well underway for a new facility for Kadlec Clinic West Kennewick Primary Care. The 13,400-square-foot building, located near the corner of Clearwater and Steptoe avenues, will have room for eight providers. It is slated to open in Fall 2016.

This new clinic will bring together providers from two locations: the current West Kennewick location with provider Shannon Dramis, MD, as well as Joseph Oro, MD, of Kadlec Primary Care currently located at 112 Columbia Point, Richland.

Meanwhile, the clinic is providing family medicine and medical acupuncture at 10121 W. Clearwater Ave., Suite 102, Kennewick. The

clinic can be reached at **(509) 942-3291**.

