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**Owner:** Heather Shipman: Executive Assistant  
**Policy Area:** Emergency Dept.  
**References:**

## ED/FSED Blood or Body Fluid Exposure; Kadlec Non-Employee, 24.35.00

**PURPOSE:** To provide guidance for the care of Emergency Department and/or Freestanding Emergency Department (ED/FSED) patients who have experienced a blood or body fluid exposure (BBFE).

**SCOPE:** This policy applies to all people with a BBFE who present to Kadlec ED/FSED including community-based medical staff, Kadlec contracted staff and vendors, law enforcement, EMS (police, fire, emergency medical service, etc.) and Kadlec students or Kadlec caregivers operating in their "student/non-employed" role (collectively known as "exposed patient").

**POLICY:** Exposed patients who present to the ED/FSED shall be provided with appropriate testing and treatment as indicated following exposure to blood or bodily fluids which can be a potential means of acquiring infections by a number of pathogens including Hepatitis B Virus (HBV), Hepatitis C Virus (HCV), and Human Immunodeficiency Virus (HIV).

### Definitions:

1. BBFE: Blood and body fluid exposure including percutaneous injury with contaminated sharps, splash onto mucous membranes, or contact with non-intact skin.
2. Blood borne Pathogens: Pathogenic microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, HBV, HCV and HIV.
3. Other Potentially Infectious Materials: The following human body fluids: semen, vaginal secretions, cerebrospinal fluid, synovial fluid, pleural fluid, pericardial fluid, peritoneal fluid, amniotic fluid, saliva in dental procedures, any body fluid that is visibly contaminated with blood, and all body fluids in situations where it is difficult or impossible to differentiate between body fluids; (2) Any unfixed tissue or organ (other than intact skin) from a human (living or dead); and (3) HIV-containing cell or tissue cultures, organ cultures, and HIV, HBV or HCV containing culture medium or other solutions; and blood, organs, or other tissues from experimental animals infected with HIV, HBV or HCV.
4. PEP - post exposure prophylaxis.
5. Source Patient (SP): The patient whose blood or bodily fluids have exposed another person.

### PROCEDURE:

1. Exposed patient (EP) should check in as an ED/FSED patient – do not go to Caregiver Health.

2. If EP is a Kadlec contracted medical provider (i.e. TeamHealth, Premier Anesthesia) do not register patient to ED/FSED. Print "Contracted Provider BBFE Documents" attached to this policy.
3. Contact PCC or Charge nurse to consent source patient. Use paper requisition to order SP labs. Do not order in EPIC.
4. If Kadlec contracted medical provider's SP is HIV positive, medical provider will be advised to seek immediate care through the ED or medical center of their choice and to utilize their agency's worker's compensation coverage.
5. If needed, contracted medical provider's initial labs may be ordered utilizing the attached Contracted Medical Provider's lab requisition. Do not order in EPIC.
6. If exposure is work related, patient should be registered with their L&I group insurance. If exposure is non-work related, follow normal process.
7. ED/FSED charge nurse will access and print Community Member Blood and Body Fluid Policy and associated documents from PolicyStat.
8. If the SP is currently a patient at Kadlec, the Patient Care Coordinator (or designee) will obtain a signed consent from the SP or next of kin to obtain immediate lab testing.
9. If the SP does not consent for testing, labs cannot be drawn from the SP. The exposed patient will be treated as if the SP is unknown.
10. Order SP labs using paper requisition included with policy. DO NOT PLACE SP ORDERS IN EPIC.
11. Immediate Post Exposure (0-2 hours)
  - a. Ensure first aid has been completed either prior to arrival or while in the ED/FSED.
  - b. Order HIVR, HBSAB, HEPC, HBCAB, HBSAG on exposed patient as indicated
  - c. All laboratory testing will be ordered, resulted, and shared with exposed patient as per standard ED/FSED clinical practice.
  - d. Positive communicable disease lab tests will be reported as per the Kadlec Regional Medical Center Policy 24.00.02, Reportable Conditions, Mandatory Reporting.
12. Post Exposure (>2 hours)
  - a. The ED/FSED provider shall determine if prophylaxis is indicated.
  - b. Determine the HIV risk factor from exposure if SP is a Kadlec patient
    - i. Known multiple sexual partners (homosexual, bisexual, or heterosexual)
    - ii. Child born to HIV infected mother
    - iii. Injection drug user
    - iv. Persons transfused with blood or blood products prior to 1992 and after 1978
    - v. Source patient is HIV positive
  - c. For patients exposed to a known HIV positive or high risk blood/bodily fluid SP, the ED/FSED provider should contact Infectious Disease provider on call or contact The National Clinicians' Post-Exposure Prophylaxis Hotline at 1-888-448-4911, 24-hours/day, 7 day/week for guidance on possible treatment.
  - d. The ED/FSED provider will provide post exposure counseling and/or treatment for the exposed patient if the SP is known to be high-risk or positive for HIV, and if the SP is unknown.

13. Discharge

- a. The ED/FSED provider should refer the exposed patient to their primary care physician, Department of Health or Occupational Health for follow up.
- b. Patient will be advised that they will be contacted by phone if source patient labs are positive for HBV or HCV.
- c. Exposure results tracking form must be provided to the FSED for follow up by the Advanced Practice Clinician (APC). If exposure treated at FSED, place form in designated location. If faxing form from main ED, call FSED Charge to alert them to a confidential fax. FSED Charge will then place form in the designated location.
- d. If exposure occurred on Kadlec property, charge nurse will ensure the patient completes the Non-employee exposure reporting form and will fax the form to Caregiver Health at 509-942-2161.

14. Post exposure follow up

- a. Upon receipt of exposure results tracking form, APC will request SP lab results from FSED lab and review EP labs in EPIC. Results will be documented on the exposure results tracking form and retained in the exposure log book for 6 months.
- b. The APC will notify exposed patient by phone if source patient labs are positive and provide the appropriate referrals, if indicated.
- c. The APC will complete the Healthcare Professional's Written Opinion and mail document to exposed patient. A copy of this may be scanned to the exposed patient's chart.

References:

- 1. Immunization Action Coalition, [http://immunize.org/resources/res\\_hotlines.asp](http://immunize.org/resources/res_hotlines.asp)
- 2. University of California-San Francisco. (2016) Clinician Consultation Line. *Post Exposure Prophylaxis (PEP)*. Retrieved from: <http://nccc.ucsf.edu/clinician-consultation/pep-post-exposure-prophylaxis/>

**Attachments:**

- [24.35.00 - A\\_Kadlec Non-Employee Exposure Algorithm - 2019-05-02.pdf](#)
- [24.35.00 - B\\_Exposed Patient Consent and Education.pdf](#)
- [24.35.00 - C\\_Source Patient Documents.pdf](#)
- [24.35.00 - D\\_Contracted Provider Exposure Packet.pdf](#)
- [24.35.00 - E\\_BBFE Kadlec Non-Employee\\_Healthcare Professional Written Opinion\\_05032019.pdf](#)

**Approval Signatures**

| Approver                                | Date    |
|---|---------|
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| Heather Shipman: Executive Assistant    | 05/2019 |
| Carla May: Director of Clinical Nursing | 05/2019 |

| <b>Approver</b>               | <b>Date</b> |
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